



HIGHLANDS PACIFIC LIMITED ARBN 078 118 653
Incorporated in Papua New Guinea

Registered Office

PO Box 1486, Port Moresby NCD 121
Papua New Guinea
Level 1, Allotment 6, Section 58, Sir
Hubert Murray Highway
Boroko NCD
Papua New Guinea

Telephone: (675) 323 5966

Facsimile: (675) 323 5990

Website: www.highlandspacific.com

Registered Office in Australia

GPO Box 3086, Brisbane QLD 4001
Australia

Level 4, 167 Eagle Street

Brisbane Qld 4000

Australia

Telephone: (617) 3239 7800

Facsimile: (617) 3221 6727

Email: info@highlandspacific.com

FRIEDA RIVER COPPER GOLD PROJECT- DEEP HOLE DRILLING RESULTS

- 506 metres @ 0.63% Cu and 0.31 g/t gold from 4 metres down hole
 - Deepest hole down 654 metres terminated in mineralisation
 - New dill rig to test deeper extension in supergene zone

Highlands Pacific (ASX: HIG) is pleased to announce the release of further results of the infill drilling program at the Frieda River Project in Papua New Guinea which provide further confidence to this world class copper gold project.

The drilling results form part of a 35,000 metre in-fill drilling program for 2009 at the Horse-Ivaal-Trukai copper gold porphyry deposit at the Frieda River project. The program aim is to lift resource estimation confidence so the bulk of the resource is in the Indicated category or better by late 2010.

The significant intersections at a 0.2% Cu lower cutoff include:

Hole 209XC09 506 metres @ 0.63% Cu and 0.31 g/t gold from 4 metres down hole

Hole 214CX09 350 metres @ 0.93% Cu and 0.25 g/t gold from 22 metres down hole

Hole 217XC09 428 metres @ 0.73% Cu and 0.27 g/t gold from 48 metres down hole and

Hole 219XC09 421 metres @ 0.86% Cu and 0.38 g/t gold from 22 metres down hole

The high grade interval near the base of hole 214XC09 includes chalcocite mineralisation, highlighting the potential for deep supergene enrichment at Trukai. Hole 225XC09 at Ivaal, the deepest resource hole drilled to date, was terminated in mineralisation at 654.3m. Results for this hole are pending.

Managing Director of Highlands Pacific Mr John Gooding understands that Xstrata Frieda River Limited, the manager of the joint venture, is intending to mobilise a bigger drill rig to enable deeper drilling to explore the orebody at depth and below the extent of the current resource model.

"Highlands' shareholders should be buoyed by these results, particularly given that the drilling results to date have identified deep extensions to the deposit and confirmed that it is increasing in size and confidence levels as the drilling program continues," he said

"Longer term forecasts for copper and gold continue to reaffirm this project as a potential world class copper gold project."

A pre-feasibility study for Frieda River project is due for completion by June 2010 at which time, subject to the project continuing to meet project hurdles, the project will advance to a 12-month feasibility study. This would allow the project to potentially commence construction in 2012 and production in 2016.

The Frieda River Project is a joint venture between Highlands Pacific (16.9 per cent), Xstrata Frieda River Limited (operating partner with 76.2%) and OMRD (6.9%) . Frieda River is 170 kilometres NW of the giant Porgera Gold Mine.

For more information on the Frieda River project please refer to the company's website – www.highlandspacific.com

For further information contact:

Mr John Gooding
 Managing Director
 Highlands Pacific Ltd
 Phone: (61 7) 3239 7800

or

Mr Craig Lennon
 Chief Financial Officer
 Highlands Pacific Ltd
 Phone: (61 7) 3239 7800

Mr David Waterhouse
 Waterhouse IR
 Investor Relations
 Phone: (61 3) 9670 5008

Mr Simon Jemison
 Farrington Group
 Media Relations
 Phone: (61 2) 9332 4448

Notes:

The following statements apply to the Horse/Ivaal/Trukai exploration results:

- Mineralised intersections are quoted as down hole widths. The porphyry mineralisation occurs as disseminations and vein stockworks.
- Collar locations are in UTM Zone 54 co-ordinates using the AGD66 horizontal datum.
- Drill core is PQ, HQ or NQ size.
- Assays were carried out on half sawn core. The half core is crushed and pulverized to ~ 180 mesh on site. 200 gram samples are despatched for assay. QAQC control samples make up approximately 10% of each batch sent for analysis. The unused half core is stored on site.
- Samples were analysed at ALS-Chemex in Townsville. Gold is by 50g fire assay and copper by ICP-AES on an aqua regia digest. Samples assaying greater than 0.5% Cu are re-assayed using an ore grade method suitable for higher grade samples.
- Hole positions are based on surveys of the drill pad. Actual collars are within 10m of stated locations.
- Competent Persons Statement: The exploration results reported here are based on information compiled by Mr L.D. Queen who is a member of the Australian Institute of Mining and Metallurgy, and who is employed by Highlands Pacific Limited. Mr Queen has sufficient experience relevant to the style of mineralisation and the type of deposit under consideration, and to the activity which he is undertaking, to qualify as a Competent Person as defined in the "Australasian Code for Reporting of Exploration Results, Mineral Resources and Ore Reserves, The JORC Code 2004 Edition". He consents to the inclusion in the report of the matters based on the information compiled by him in the form and context in which it appears.

Hole	North	East	Level	Azimuth	Dip	Total Depth (m)
209XC09	584581	9480363	677	205	-50	523.1
210XC09	584991	9480082	620	210	-75	621.2
211XC09	585208	9480106	556	210	-64	450
212XC09	584111	9480269	721	210	-60	356.9
213XC09	585402	9480011	584	210	-70	546.5
214XC09	583994	9480251	751	210	-60	350.3
215XC09	586849	9480560	392	210	-55	398.1
216XC09	584405	9480534	637	210	-70	334.4
217XC09	584650	9480344	643	30	-70	475.6
218XC09	585404	9479943	541	210	-75	389.8
219XC09	583994	9480251	756	210	-75	443.1
220XC09	584671	9480075	650	210	-65	452.4
221XC09	585345	9479742	528	30	-60	436.4
222XC09	584091	9480120	712	210	-50	164.2

Hole	From	To	Downhole Interval (m)	Cu (%)	Au (ppm)	Recovery %
209XC09	4	510	506	0.63	0.31	92
	520	523.1	3.1	0.12	0.05	87
<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	4	46	42	1.15	0.54	90
	86	88	2	0.57	0.22	100.00
	104	198	94	0.58	0.30	94
	216	266	50	0.6	0.29	93
	288	360	72	0.71	0.42	82
	370	510	140	0.71	0.32	95
210XC09	4	30	26	0.33	1.43	76
	46	64	18	0.37	0.26	96
	74	348	274	0.69	0.68	95
	368	382	14	0.25	0.17	100
	390	621.2	231	0.47	0.19	98
<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	24	26	2	0.52	1.01	82
	50	54	4	0.57	0.3	100
	90	280	190	0.83	0.87	95
	296	304	8	0.70	0.39	97
	392	424	32	0.62	0.22	97
	444	446	2	0.64	0.21	100
	462	474	12	0.50	0.25	99
	494	526	32	0.56	0.18	98
	554	560	6	0.59	0.23	97
	572	621.2	49.2	0.54	0.18	98
211XC09	10	36	26	0.31	0.20	89
	50	126	76	0.51	0.32	86
	164	228	64	0.39	0.25	99
	274	288	14	0.33	0.43	99
	298	450	152	0.37	0.22	99
<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	56	94	38	0.58	0.36	86
	112	122	10	0.58	0.41	91
	212	226	14	0.43	0.28	99
	306	356	50	0.57	0.4	99
	444	450	6	0.65	0.3	99
212XC09	60	72	12	0.30	0.03	77
	80	100	20	0.24	0.03	75
	120	356.9	237	0.50	0.16	83
<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	128	130	2	0.55	0.05	60
	138	156	18	0.47	0.1	65
	172	196	24	0.61	0.21	93
	210	212	2	0.55	0.16	100
	230	232	2	0.54	0.22	97
	240	282	42	0.60	0.19	82
	296	356.9	60.9	0.65	0.22	82

213XC09	4	20	16	0.27	0.43	93	
	28	88	60	0.80	0.28	83	
	100	102	2	0.25	0.07	90	
	144	302	158	0.38	0.18	90	
	310	314	4	0.22	0.09	99	
	324	340	16	0.27	0.16	100	
	350	420	70	0.56	0.31	99	
	436	448	12	0.26	0.20	100	
	464	490	26	0.26	0.11	100	
	520	522	2	0.24	0.12	100	
	540	546.5	6.5	0.24	0.11	100	
	<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	30	74	44	1.02	0.34	78	
	150	162	12	0.7	0.52	98	
170	172	2	0.9	0.52	95		
236	250	14	0.48	0.19	94		
354	412	58	0.62	0.34	99		
472	474	2	1.1	0.17	100		
214XC09	22	350.3	328	0.93	0.25	86	
	<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	22	40	18	1.11	0.24	88	
	52	56	4	0.88	0.21	95	
	66	68	2	0.82	0.16	100	
	82	298	216	0.97	0.29	85	
	310	342	32	1.48	0.2	89	
215XC09	10	20	10	0.75	0.26	75	
	36	62	26	0.38	0.11	82	
	66	104	38	0.52	0.37	75	
	108	146	38	0.40	0.30	82	
	156	162	6	0.36	0.42	90	
	168	170	2	0.24	0.14	90	
	360	362	2	0.30	0.21	100	
	396	398.1	2.1	0.33	0.09	100	
	<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	10	18	8	0.92	0.32	76	
	38	40	2	0.55	0.12	50	
	50	54	4	0.84	0.25	88	
	72	96	24	0.73	0.49	70	
	122	124	2	0.65	0.56	100	
138	144	6	0.65	0.44	77		
216XC09	38	334	296	0.52	0.21	74	
	<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	38	40	2	0.57	0.28	55	
	96	258	162	0.63	0.26	87	
270	332	62	0.55	0.18	39		
217XC09	12	36	24	0.71	0.25	86	
	48	475.6	428	0.73	0.27	88	
	<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	16	34	18	0.88	0.29	91	
50	364	314	0.78	0.30	85		

	384	448	64	0.72	0.23	98
	456	475.6	19.6	0.54	0.21	98
218XC09	16	140	124	0.80	0.53	96
	222	226	4	0.36	0.15	100
	294	298	4	0.30	0.10	100
	306	308	2	0.22	0.08	100
	328	350	22	0.44	0.25	98
	360	374	14	0.47	0.23	99
	386	388	2	0.20	0.08	100
<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	16	48	32	0.69	0.42	92
	56	66	10	0.71	0.47	100
	74	140	66	0.98	0.68	96
	330	332	2	0.59	0.24	100
	346	350	4	0.86	0.52	95
	362	372	10	0.49	0.24	99
219XC09	22	443.1	421	0.86	0.38	85
<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	22	124	102	0.86	0.30	92
	132	396	264	0.96	0.46	83
	406	428	22	0.57	0.12	76
	436	443.1	7.1	0.68	0.14	84
221XC09	2	22	20	0.31	0.26	59
	40	48	8	0.27	0.14	99
	90	136	46	0.35	0.35	92
	144	178	34	0.28	0.18	93
	192	196	4	0.30	0.14	98
	204	218	14	0.23	0.14	97
	230	236	6	0.25	0.11	100
	260	310	50	0.30	0.14	97
	320	328	8	0.28	0.10	98
	340	378	38	0.33	0.10	98
	390	406	16	0.31	0.13	96
	416	436.4	20.4	0.19	0.09	96
<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	108	120	12	0.50	0.72	97
	130	132	2	0.53	0.55	90
	324	326	2	0.57	0.19	100
	348	350	2	1.03	0.22	100
	402	404	2	0.74	0.28	100
222XC09	40	54	14	0.25	0.06	53
	68	70	2	0.35	0.38	80
	78	94	16	0.26	0.07	84
	106	120	14	0.27	0.07	73
	132	134	2	0.26	0.01	98
	152	154	2	0.21	0.03	55
<i>Including the following intervals at a 0.5% Cu lower cut-off</i>						
	90	92	2	0.56	0.17	100
	108	110	2	0.56	0.15	30